

Sports Day for People with Disabilities

Project "Integrating digital competences into sport for disabled and recreational table tennis players"

On February 15, 2024, starting at 9:00 a.m., DIGIPINGPONG's next project event, the Sports Day for People with Disabilities was held in Szeged. The event was organized in the ATSK Table Tennis Hall by the Association for Children with Hearing Impairments, where more than 30 people participated besides the leaders and coaches of the Szeged club.

Participants included athletes in wheelchairs, hearing impaired and mildly mentally handicapped athletes, as well as accompanying support persons.

In his opening speech, he was greeted by Ernő Márki, managing director of ATSK Szeged. Within this framework, the program of the Sports Day, the short presentation of the Digipingpong project were presented, and it was mentioned that it can be implemented with the support of the European Union, within the framework of the Erasmus+ program.



In the first part of the professional program, a guided training program took place under the leadership of three coaches. During these, basic sports techniques were presented, practiced, group and individualized tasks were performed. The program offered a good opportunity for people with different disabilities to test their knowledge with each other or with a serving machine.



This was followed by the reports of Endre Major, 4th place winner at the Paralympics, Ádám Urlauber quarter-finalist at the European Championships, and Bernát Bácsi, winner of the World Organ Transplant Games, the central element of which was always initiation into the mysteries of table tennis.

These lectures were open-ended conversations of a motivational nature, the message of which was always that audience members should dare to set serious goals for themselves, because everyone has the opportunity to play sports in their own category and then achieve results through persistent, purposeful work.

The speakers talked about the specific rules that apply only to para sport.



Table Tennis Sport Club Szeged

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During the evaluation of the sports day, according to Ernő Márki, in addition to playing sports together, the aim of the event was to inspire people with disabilities to exercise regularly.

On behalf of the press, Szeged TV staff made recordings of the Sports Day and a short interview with para national team athlete Endre Major.



Szeged, 15 February 2024.

Ernő Márki Project Manager

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