



DIGIPING PONG

Table Tennis Sport Club Szeged

H-6723 Szeged, Budapest krt. 5-7.

www.digipingpong.hu

DIGIPINGPONG EDUCATION DAY-3 / SZEGED

Venue: Szeged, SZTE Sports Center (Budapest krt. 5-7.)

Date: 28.05.2024 (Tuesday)

Program of the educational day:

- 10 a.m. – 10.30 a.m. How can we use the DIGIPINGPONG training module?
Speaker: Ernő Márki PE/sports coach
- 10.30 a.m. – 11 a.m. Table play, table tennis rules, tournament organisation
Speaker: Bence Nagy sports coach
- 11 a.m. – 12 p.m. Training beginners in practice / training with a feeding machine
Speaker: Péter Gergely sports coach
- 12 – 1 p.m. Playing at the table, practice exercises

The teachers of the Department of Physical Education of the University of Szeged participated in the training. (12 persons)

Margaréta Tokodi, head of the University of Szeged Sports Center, initiated the sport-specific training, the aim of which was to provide additional knowledge to PE colleagues that they can use in university PE classes. It was especially useful to introduce the serve machine training, with which the basic techniques can be practiced and mastered effectively.

The information related to rule knowledge was demonstrated during a test match, showing the application of the most important rule knowledge questions in practice. After that, singles and doubles games could be practiced live at the tables, in a match situation.

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Márki Ernő Project Manager



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